



# Neuron Activation Pod

Feel better. Perform better. Live better.

A scientifically  
engineered  
solution designed  
to reduce stress  
and improve sleep  
quality.

The facts

Stress and stress-related disorders place a heavy financial burden on businesses due to absenteeism, reduced productivity, and increased healthcare costs. **Here are some key facts:**

**Stress costs over \$300 billion annually in the U.S. alone.**

According to the **American Institute of Stress**, workplace stress costs U.S. businesses over **\$300 billion each year** due to absenteeism, job turnover, diminished productivity, accidents, medical expenses, and workers' compensation claims.

**83% of U.S. workers experience work-related stress.**

A study by **The American Psychological Association (APA)** reported that **83% of U.S. employees** suffer from work-related stress. Chronic stress has been linked to higher healthcare costs, increased burnout, and reduced productivity.

**Sources:**

**American Institute of Stress:** "Workplace Stress Facts" | **American Psychological Association (APA):** "[Stress in America Survey](#)"

Poor sleep and sleep disorders can have a significant financial impact on businesses. **Here are some hard facts on the costs:**

**Sleep deprivation costs \$411 billion annually in the U.S.**

According to a 2016 study by **RAND Corporation**, sleep deprivation costs the U.S. economy approximately **\$411 billion every year** due to lower productivity, higher rates of absenteeism, and increased healthcare costs. This amounts to a 2.28% loss of GDP.

**Productivity losses of \$2,280 per employee annually in the U.S.**

A report from **Harvard Medical School** estimates that sleep disorders results in productivity losses of 11.3 days per year per employee, costing U.S. businesses about **\$2,280 per employee annually**. This includes the cost of presenteeism (employees being at work but underperforming due to lack of sleep).

**Sources:**

**RAND Corporation Study:** "Why Sleep Matters – The Economic Costs of Insufficient Sleep" | **Harvard Medical School Study:** ["The Price of Insomnia: Workplace Costs Due to Sleep Loss"](#)

Our solution

The pod uses **low-frequency vibration** technology to stimulate the **autonomic nervous system** (ANS), which controls essential functions like heart rate, digestion, and stress response. By calming the ANS, the pod helps you:

- **Relieve stress**
- **Improve sleep**
- **Boost productivity**



# Combat stress with scientifically proven results.

Stress is the leading cause of employee burnout and reduced productivity, costing companies billions in lost workdays and performance. Research shows that **Stress accounts for 60-80% of workplace accidents and a significant portion of sick leave.** Chronic stress not only reduces work performance but also negatively affects mental health and employee engagement.

The **Neuron Activation Pod**, powered by **Neurosonic technology**, directly addresses this issue by using low-frequency vibrations to calm the autonomic nervous system (ANS), **providing scientifically backed stress relief.**



A massage chair can't fix stress.  
The Neuron Activation Pod can.

# Why it's better than a massage chair.

While a massage chair may provide momentary relief, **it doesn't address stress at its core**. The **Neuron Activation Pod** helps to reduce stress on a deeper, neurological level, creating lasting changes in employee well-being and productivity that massage chairs simply cannot achieve.

**Consider a better investment:** Instead of massage chairs, choose a solution that truly enhances employee wellness and boosts productivity.



# Better sleep at home, no sleep at work.

Studies show that employees who struggle with sleep perform poorly. **Sleep deprivation can decrease cognitive performance by up to 30%**, leading to costly mistakes and lower overall productivity. Poor sleep quality has long-term negative effects on health.

The **Neuron Activation Pod** is not a sleep pod—it's a stress management tool that helps regulate sleep patterns by addressing stress during the day, so employees don't need to rely on naps to get through their **workday**. By improving their night time sleep, the pod ensures employees stay energized and focused throughout the workday without relying on unhealthy coping mechanisms like caffeine or afternoon naps.



Still stuck on sleep pods?  
Time to wake up to a  
better solution.



# Why it's better than a sleep pod.

Sleep pods provide temporary relief by allowing employees to nap at work. But **sleep pods don't improve sleep quality at home or address the root causes of poor rest.** The **Neuron Activation Pod improves sleep cycles and wellness outside of work hours**, so your employees feel fully recharged and don't need to nap during the day.

**Consider a better investment:** Instead of sleep pods, choose a solution with technology that truly enhances employee wellness and boosts productivity.

# The benefits

# Short & Long-Term Benefits

## Short-Term Benefits:

- **Relax:** Instantly unwind and release muscle tension.
- **Recover:** Enhance physical recovery.
- **Activate:** Boost energy levels and re-energise.

## Long-Term Benefits:

- **Stress Relief:** Reduces stress by balancing the nervous system.
- **Improved Sleep Quality:** Achieves deeper, restorative sleep by addressing the root causes of insomnia.



Your "wellness room" is  
missing actual wellness.  
Let's make it work!

# Wellness that actually works.

Many companies invest in **wellness rooms** equipped with plants and beds, or simple relaxation tools like massage chairs and sleep pods. However, these often only create a superficial sense of relaxation **without tackling the core issues of stress and poor sleep.**

The **Neuron Activation Pod** is not just a place to rest—it's a **scientifically engineered solution designed to reduce stress and anxiety, and improve sleep quality**, which means long-term benefits for your workforce. Unlike basic wellness setups, **this pod produces real results** in how your employees feel and perform.



# 1

**Backed by  
scientific research  
and white papers.**

# 2

**Measurable  
results with  
wearable  
technology.**

# 3

**Advanced  
scientific  
measurement  
technology.**

# 4

**User testimonials  
combined with  
data.**

When considering the **Neuron Activation Pod**, we understand that some may be skeptical of its effectiveness. However, the science behind it is solid. The low-frequency vibration technology it uses is backed by **extensive research, scientific evidence, and measurable results**. Through wearable tech like smartwatches or advanced systems like Firstbeat, users can track real, tangible improvements in their sleep, stress levels, and overall wellness.

This isn't just a feel-good product—it's a **scientifically proven tool that delivers measurable benefits for stress reduction and improved sleep**.

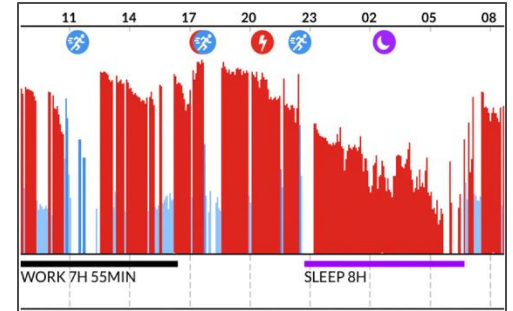
# Verified by research, proven in performance.

**Firstbeat Technologies** is a Finnish company specializing in **well-being and sports analytics**. Their cutting-edge technology provides reliable insights on stress, recovery, sleep, and exercise. **Firstbeat** is used and trusted by tens of thousands of athletes and employees in over 40 countries.

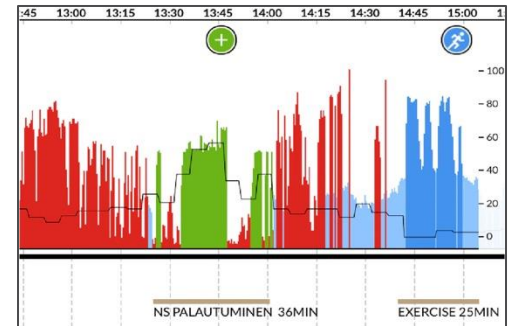
Here you can see the results for an individual before, and after using the Neuron Activation Pod; measured with Firstbeat.

**RED:** Stress | **BLUE:** Exercise | **GREEN:** Recovery | **BLACK LINE:** HRV (Heart Rate Variability)

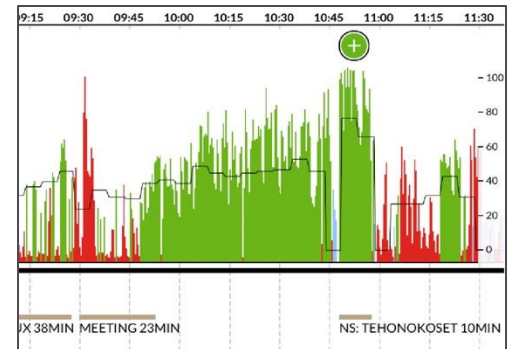
Starting point



After two weeks



After two Months



# Awards & nominations



2023  
BEST OF NEOCON  
WINNER



INTERIOR  
DESIGN

2023  
INTERIOR DESIGN  
FINALIST



2023  
INTERIOR DESIGN HIP  
HONOREE

# NHS

## National Health Service (UK)

**“Thanks for providing this. This allows for quick power rests which are essential for recharge on a long night shift. The sensory deprivation helps people who are unable to nap as well. Good to switch off for 10/20 minutes to allow for recharging for shifts. They will be very welcome for the wellbeing of the intensive care clinics team in the coming months.”**

Dr Eoin Dore ACCS CT2 Anaesthetics  
CT Anaesthetics Trainee Rep  
SWBH JDF Chair and Wellbeing Council Co-  
Chair City Hospital  
Sandwell and West Birmingham Hospitals  
Trust



# Customers



NOTE: This document is confidential, and its distribution outside the recipient organization is prohibited.

# Safety

The frequency range of the vibration generated by the device is the same as that of the tissues of the body, which is why **side effects are uncommon**. Some users may experience initial nausea or headache, but, usually, these side effects dissipate after 1-2 sessions. We recommend that you **drink plenty of water after using the device** to prevent nausea and headache.

**There are no age restrictions to using the devices.**

If you have epilepsy, migraines or other illnesses that affect the brain and cause severe symptoms, you should not use the activating programs at all. We recommend that you do not apply vibration to the head region at all in the aforementioned situations.

**Do not use the devices in the following situations:**

- You have an acute inflammation that can spread
- You have an acute herniated disc
- You have an acute thrombus
- You have an acute cancer
- You are pregnant
- You have the flu or a fever
- You have a risk of retinal or lens detachment
- You were vaccinated on the same day
- You have a risk of internal bleeding

Low heart rate is not a problem, too low blood pressure can drop further and cause dizziness.

Consult your physician if you are unsure whether the device is suitable for you.

- Integrated wellness technology
- Integrated touch screen
- Noise canceling headphones
- Optional privacy screen

- Plug n' play / no assembly required
- Fully upholstered
- Available with multicolor upholstery
- Lockable castors



**[www.thinkspaceoffice.com](http://www.thinkspaceoffice.com)**